

HALLEH HASHTPARI (they/he)

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EDUCATION

Postdoctoral Fellowship 2022 - 2023	VA Pacific Islands Healthcare System (APA-accredited) Emphasis: LGBTQ+ Health
Ph.D. 2016 - 2022	University of Utah, College of Education (APA-accredited) Major: Counseling Psychology Special Proficiency: Qualitative Research Dissertation: It's Complicated! A Phenomenological Exploration of Identity Development in Queer and Transgender Young Adults of Color Living in Utah Advisor: Karen W. Tao, Ph.D.
Predoctoral Internship 2021 - 2022	VA Pacific Islands Healthcare System (APA-accredited)
M.S. 2012 - 2014	California Lutheran University Major: Clinical Psychology Concentration: Child and Adolescent Psychology Thesis: Identity integration on psychological well-being of heterosexual and sexual minority Iranian Americans Advisor: Jennifer Twyford, Ph.D.
B.S. 2008 - 2012	University of California, Los Angeles Major: Psychobiology Minor: Near Eastern Languages and Cultures

FACULTY POSITIONS

May 2025 - present	Director of Clinical Training, Hawaii Pacific University, Department of Psychology Clinical Psychology PsyD program, Honolulu, HI.
Jan. 2024 - present	Assistant Professor, Hawaii Pacific University, Department of Psychology Clinical Psychology PsyD program core faculty, Honolulu, HI.

LICENSES AND CERTIFICATIONS

Licensed Psychologist | *Current*

State of Hawai'i

Cognitive Processing Therapy Provider | *2021*

16-hour training with six months of consultation and successful completion of two CPT cases

PEER-REVIEWED JOURNAL PUBLICATIONS

Kuo, P.B., **Hashtpari, H.**, Tseng, Y., Calloway, A., & Creed, T. (in press). Therapist Responsiveness to Cultural Contexts: A Thematic Analysis of CBT Sessions in Community Care from a Large-scale Implementation Effort. *Psychotherapy Research*.

Maroney, M. R., Knutson, D., Matsuno, E., **Hashtpari, H.**, Domínguez, S., & Gonzalez, K. A. (2025). "Not feeling seen": Feminist analysis of clinical training experiences of transgender students. *The Counseling Psychologist*, 53(8), 1114-1149. <https://doi.org/10.1177/00110000251403604>

Kuo, P. B., Mehta, M., **Hashtpari, H.**, Srikumar, V., Tanana, M. J., Tao, K. W., Drinane, J., Van-Epps, J., & Imel, Z.E. (2024). Identification of cultural conversations using natural language processing models. *Psychotherapy*, 61(4), 259-268. <https://doi.org/10.1037/pst0000542>

Hashtpari, H., Privat, J. J., Vallerio, M., Gross, G., Kishore, S. A., Prelli, F., & Eleazer, J. (2023). "The VA was the first place as a trainee that I felt like I had to hide many parts of myself": Lived experiences and recommendations for empowering transgender, nonbinary, and gender expansive VA psychology supervisors and supervisees. *Psychological Services*, 20(2), 239–247. <https://doi.org/10.1037/ser0000748>

Matsuno, E., **Hashtpari, H.**, Dominguez, S., Jr., Maroney, M. R., Gonzalez, K. A., & Knutson, D. (2023). "There's no real roadmap that I know of": Experiences of trans and nonbinary graduate students in Counseling Psychology. *Journal of Counseling Psychology*, 70(1), 16-29. <https://doi.org/10.1037/cou0000647>

Kuo, P. B., **Hashtpari, H.**, Chea, C. J., Tao, K. W. (2022). Centering and decentering client disclosures: A qualitative study of therapists' responses to clients' experiences of discrimination. *Psychotherapy*, 59(4), 533–544. <https://doi.org/10.1037/pst0000453>

Knutson, D., Matsuno, E., Goldbach, C., **Hashtpari, H.**, & Smith, N. G. (2021). Advocating for transgender and non-binary affirmative spaces in graduate education. *Higher Education*, 83, 461-479. <https://doi.org/10.1007/s10734-020-00673-5>

Hashtpari, H., Tao, K. W., Arvizo-Zavala, J., Merced, K., & Hernandez, J. A. (2021). What does it mean to be Mexican (American)? Exploring youth ethnic identity. *The Counseling Psychologist*, 49(3), 423-457. <https://doi.org/10.1177/0011000020985306>
[Winner of the TCP 2022 Outstanding Student Paper Award]

Matsuno, E., Domínguez, S., Waagen, T., Roberts, N., **Hashtpari, H.** (2020). The importance of empowering nonbinary psychology trainees and guidelines on how to do so. *the Behavior Therapist*, 43(4), 137-143.

Taylor, J. M., Kolaski, A. Z., Wright, H., **Hashtpari, H.**, & Neimeyer, G. J. (2018). Predicting the evolution of counseling psychology in the United States: Results from a Delphi poll of academic training directors. *Counselling Psychology Quarterly*, 32(2), 169-185.
<https://doi.org/10.1080/09515070.2018.1428169>

BOOK CHAPTERS

Hobaica, S. M., & **Hashtpari, H.** (2024). Transgender and Gender Expansive Issues in Sexuality Education. In L. Allen & M. L. Rasmussen (Eds.), *The Palgrave Encyclopedia of Sexuality Education* (pp. 905-912). Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-56681-3_24

Taylor, J. M., Kolaski, A., **Hashtpari, H.**, & Wright, H. (2017). Learning about lifelong learning: An empirical exploration of competence across the professional lifespan. In N. Columbus (Ed.), *Advances in psychology research* (pp. 173-206). Nova Science Publishers.

PEER-REVIEWED PRESENTATIONS

Kuo, P.B., Krizizke, J., Phan, B., Tseng, A., **Hashtpari, H.**, DeCesare, A., Calloway, A., & Creed, T. (2026, June). Agency leader, supervisor, therapist, and client perspectives surrounding a multicultural orientation feedback tool. Symposium presented at the Society for Psychotherapy Research. Osaka, Japan.

Kuo, P.B., **Hashtpari, H.**, Tseng, A., Acquaro, B., Vazquez-Oretega, I., Feng, T., Phan, B., Krizizke, J., Caperton, D., Calloway, A. Creed, T., Owen, J. & Tao, K. (2025, June). 'The Multicultural Orientation-Session Evaluation scale: A behavioral coding system and initial steps to developing a natural language processing based feedback tool' Symposium presented at the Society for Psychotherapy Research. Krakow, Poland.

Kuo, P. B., **Hashtpari, H.**, Tseng, A., Calloway, A. & Creed, T. (2024, November). 'Cultural opportunities within CBT sessions: A mixed methods approach' Symposium presented at the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Marino, E., Pease, M.V., Robertson, L., Schlechter, T. E., Savarese, E. N., Berg, J., **Hashtpari, H.** (2023, November). *Joy as resistance: Strategies for thriving as transgender and gender diverse professionals*. Panel presented at the Association for Behavioral and Cognitive Therapies Convention. Seattle, WA.

Hashtpari, H. (2021, August). *There is no real roadmap we know of*. In Estevez, R. I., & Budge, S. (Chairs), Engaging in Culturally Responsive TNB Focused Research: Lessons, Commitments, and Practices. Symposium presented at the 2021 American Psychological Association Convention, Divisions 17, 44 and 45, Virtual.

- Herbitter, C., Privat, J., **Hashtpari, H.** (2021, March). *Working as sexual and gender minority psychology trainees and employees at the VA: Building resilience and connections*. Lightning talk presented at the 2021 Association for Women in Psychology Conference, Virtual.
- Matsuno, E., Galupo, P., **Hashtpari, H.**, Kase, C., Ghabrial, M. (2019, August). *Language and labels: Navigating sexual orientation from a non-binary framework*. Roundtable presented at the 2019 American Psychological Association Convention, Division 35, Chicago, IL.
- Hashtpari, H.**, Merced, K. M., Levenstein, Y., Chea, C. J., & Tao, K. W. (2019, March). *Isn't this a dyad? Discussing the impact of microaggressions on therapists with intersecting marginalized identities*. Structured discussion presented at the annual meeting for the Association of Women in Psychology, Providence, RI.
- Hashtpari, H.**, Dorn, U. P., Whiteley, A. C., Caperton, D. D., Andreason, H., & Kuo, P. B. (2018, September). *Not just teaching to White students: Conversations of teaching a multicultural counseling course*. Discussion presented at the 2018 North American Society for Psychotherapy Research Conference, Snowbird, UT.
- Kuo, P. B., **Hashtpari, H.**, Chea, C., Tao, K. W. (2018, September). *Are you sure that's what's going on? Therapist reactions to client disclosures of discrimination*. In Drinane, J. M. (Chair), *Multicultural Processes in Psychotherapy: Methodological Advances, Outcomes and Implications*. Symposium presented at the 2018 North American Society for Psychotherapy Research Conference, Snowbird, UT.
- Caperton, D. D., Whiteley, A. C., Kuo, P. B., **Hashtpari, H.**, Imel, Z. E., & Dorn, U. P. (2018, September). *Learning to be a therapist isn't just intellectual: Describing the physiological arousal of therapists-in-training during multicultural process groups*. Poster presented at the 2018 North American Society for Psychotherapy Research Conference, Snowbird, UT.
- Hashtpari, H.**, Tao, K.W., Kuo, P., Chea, C. J. (2018, August). *Beyond the model minority myth: Mapping intersectionality in an Asian American sample, a pilot study*. Poster presented at the 2018 American Psychological Association Convention, Division 45, San Francisco, CA.
- Skousen, A., **Hashtpari, H.**, Tao, K.W. (2018, August). *Navigating queerness as Iranian American women: Intersecting identities as predictors of wellbeing*. Poster presented at the 2018 American Psychological Association Convention, Division 44, San Francisco, CA.
- Caperton, D., **Hashtpari, H.**, Kuo, P., Whiteley, A., Imel, Z.E. & Dorn, U., P. (2018, August). *Processes and Outcomes for Therapists' Multicultural Education: Lessons for Effective Pedagogy*. Poster presented at the 2018 American Psychological Association Convention, Division 17, San Francisco, CA.
- Merced, K., **Hashtpari, H.**, Hernandez, J., Ramos, A., Arvizo-Zavala, J., & Tao, K.W. (2018, August). *Racial and Ethnic Identity among Pre-adolescent Youth attending a Minority-Majority Elementary School*. Poster presented at the 2018 American Psychological Association Convention, Division 45, San Francisco, CA.

- Hashtpari, H.** (2018, August). *Cultural (in)visibility and identity dissonance: Negotiating identity as queer Iranian American women*. In Tebbe, E. A. & Magalhaes, C. L. (Chairs), Emerging Areas of Science, Practice, and Education with LGBTQ Women. Symposium presented at the 2018 American Psychological Association Convention, Division 35, San Francisco, CA.
- Dorn, U. P., Andreason, H., Caperton, D. D., **Hashtpari, H.**, Kuo, P., & Whiteley, A. (2018, August). *Understanding multicultural development among counselors-in-training*. In Sue, D. W. (Chair), How Effective is Multicultural Counseling Training? Show Me the Data. Symposium presented at the 2018 American Psychological Association Convention, Division 17, San Francisco, CA.
- Tao, K. W., Merced, K., **Hashtpari, H.**, Kuo, P. B., Chea, C. J., & Dorn, U. P. (2018, August). *A culturally and relationally sustaining model of mentorship for graduate students of color*. In Perfect, M. A. (Chair), Mentoring Across Developmental Levels and Contexts to Underrepresented Trainees and Professionals. Symposium presented at the 2018 American Psychological Association Convention, Divisions 3, 12, 16, 33, San Francisco, CA.
- Ghabrial, M., Kase, C., Matsuno, E., Herbitter, C., & **Hashtpari, H.** (2018, August). *Issues facing queer and trans women of color in academia*. Conversation hour presented at the 2018 American Psychological Association Convention, Division 35 suite, San Francisco, CA.
- Matsuno, E., **Hashtpari, H.**, Budge S. L., Kase, C., & Herbitter, C. (2018, August). *Inclusion of non-binary people in feminist and queer spaces*. Conversation hour presented at the 2018 American Psychological Association Convention, Division 35, San Francisco, CA.
- Hashtpari, H.**, Skousen, A., Tao, K. W. (2018, March). *Cultural (in)visibility and identity dissonance: Negotiating identity as queer Iranian American women*. Poster presented at the annual meeting the Association for Women in Psychology, Philadelphia, PA.
- Skousen, A., **Hashtpari, H.**, Tao, K. W. (2018, March). *Outside the binary: Advocacy for gender non-conforming people 101*. Workshop presented at the annual meeting the Association for Women in Psychology, Philadelphia, PA.
- Chea, C., Tao, K.W., **Hashtpari, H.**, Merced, K., Kuo, P. B., Cornejo, P., & Dorn, U. (2018, March). *"Lifting as we climb": Rising up through peer mentor among students and faculty of color*. Workshop presented at the annual meeting the Association for Women in Psychology, Philadelphia, PA.
- Hashtpari, H.**, & Tao, K. W. (2017, November). *We're more complex than you think! Applying intersectionality to research and practice with elementary school age youth*. Poster presented at the 2017 National Association for Multicultural Education Conference, Salt Lake City, UT.
- Arvizo-Zavala, J., Tao, K.W., Ramos, A., Merced, K., Hernandez, J., & **Hashtpari, H.** (2017, November). *Lessons on resistance: A new revolution in the elementary classroom*. Interactive workshop presented at the annual meeting of the National Association for Multicultural Education, Salt Lake City, UT.
- Tao, K. W., Dorn, U. P., **Hashtpari, H.**, Cornejo, P. A., Merced, K., Kuo, P. B., & Corrales, C. (2017, November). *"Lifting as we climb": Rising up through peer mentor among students and faculty of*

color. Interactive workshop presented at the 2017 National Association for Multicultural Education Conference, Salt Lake City, UT.

Dorn, U. P. Andreason, H., **Hashtpari, H.**, Kuo, P. (2017, November). *Intent, impact and insight of community learning groups in multicultural education*. Roundtable presented at the 2017 National Association for Multicultural Education Conference, Salt Lake City, UT.

Caperton, D. D., Dorn, U. P., Kuo, P., **Hashtpari, H.**, & Imel, Z. E. (2017, November). *Multicultural education for therapists in training: Student experiences and pedagogical lessons*. Poster presented at the annual meeting of the National Association for Multicultural Education, Salt Lake City, UT.

Hashtpari, H., Twyford, J. M. (2017, August). *The hidden: The queer Iranian narrative*. Poster presented at the 2017 American Psychological Association Convention, Division 44, Washington, DC.

Hashtpari, H., Hernandez, J., Merced, K. Arvizo-Zavala, J., Tao, K. W. (2017, August). *What does it mean to be Latin@? A qualitative study of ethnic identity among pre-adolescent Latin@s*. Poster presented at the 2017 American Psychological Association Convention, Division 45, Washington, DC.

Hernandez, J., Merced, K. Arvizo-Zavala, J., **Hashtpari, H.**, Tao, K. W. (2017, August). *The effects of culturally sustaining pedagogy on elementary age students' academic attitudes*. Poster presented at the 2017 American Psychological Association Convention, Division 45, Washington, DC.

Taylor, J. M., Wright, H. M., Kolaski, A., **Hashtpari, H.**, & Neimeyer, G. J. (2017, August). *Crystal ball gazing: What will counseling psychology look like in ten years?* Poster presented at the 2017 American Psychological Association Convention, Division 17, Washington, DC.

Arvizo-Zavala, J., Tao, K. W., Merced, K., Hernandez, J., **Hashtpari, H.**, (2017, February). *Building Interpersonal Grit in Educational Justice Work: Lessons from the We Are Rose Park Project*. Workshop presented at the 2017 Utah Chapter of the National Association for Multicultural Education Conference, Salt Lake City, UT.

Hashtpari, H. (2015, May). *Identity integration and psychological wellbeing of heterosexual and sexual minority Iranian Americans*. Poster presented at the annual meeting of the Association of Psychological Science, New York, NY.

Banker, J., **Hashtpari, H.**, Collette, A., & Banford, A. (2014, October). *Early life family trauma: Linking mental and physical disorders*. Poster presented at the annual meeting of the American Association for Marriage and Family Therapy, Milwaukee, WI.

Collette, A., **Hashtpari, H.**, Lothrop, S., Stuntz, T., & Bedics, J. (2014, April). *The effect of graduate training in dialectical behavior therapy: Psychotherapy process*. Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.

INVITED PRESENTATIONS AND TRAINING

Arvizo-Zavala, J., **Hashtpari, H.** (2020). "Affirming the experience of all students: Gender identity & development in schools. Utah Division of Multicultural Affairs and Utah Education Network. Training provided virtually, Salt Lake City, UT.

Hashtpari, H. (2020). "Considerations for working with trans, nonbinary and gender non-conforming youth". *LGBT Affirmative Psychotherapists Guild of Utah*. Training provided virtually, Salt Lake City, UT.

Struve, J., **Hashtpari, H.**, Sinischalchi, N., Dorn, U.P. (2020). "Working with male survivors of sexual trauma". In service provided to LGBTQ Affirmative Therapists Guild of Utah.

Tao, K.W., **Hashtpari, H.**, Merced, K. M., Baayd, J., Berzins, M.A., & Cohen, S. Invited training for College of Nursing Staff and Faculty Annual Retreat. University of Utah College of Nursing, Salt Lake City, UT.

Hashtpari, H. (2019). In Matsuno, E., & Puckett, J. (Facilitators), "Experiences of non-binary graduate students: what's helpful and what's not". Webinar presented for Division 35 (Psych of Women), Section IV (Section on LBT Issues) of the American Psychological Association.

Hashtpari, H. (2019). "In transition: Culturally responsive care for trans and gender diverse youth". *University of Utah Counseling Program in St. George*. Keynote address presented at Dixie State University, Saint George, UT.

Tao, K. W., Merced, K. M., **Hashtpari, H.**, Baayd, J., Berzins, M.A., & Cohen, S. (2019). "Calling-in: Building relational capacity". *College of Nursing Staff and Faculty Annual Retreat*. Invited training presented at the University of Utah College of Nursing, Salt Lake City, UT.

Whiteley, A., Noel, N., **Hashtpari, H.** (2018). "Whiteness, Whiteness Everywhere but not a Drop Facilitates Connection: Defining and Addressing Pervasive Whiteness". *Feminist Multicultural Therapy Course, Department of Educational Psychology*. Invited discussion presented at the University of Utah.

Hashtpari, H. (2017). "Allyship – A Verb". *Utahans Acting for Change Together*. Invited Workshop presented in Salt Lake City, UT.

Hashtpari, H. (2012). The roles of Iranian student organizations: Advocacy vs. cultural programming. *Iranian Alliances Across Borders' Conference on the Iranian Diaspora*. Invited Workshop at the University of California, Los Angeles, Los Angeles, CA.

DISSERTATION MENTORSHIP

Completed Doctoral Dissertations, PsyD Program, Hawai'i Pacific University

- **Committee Chair**, Nicole Keller, "Medical Students' Perceptions of 'Self-Care Culture': A Thematic Analysis of Self-Care and Burnout in Medical School." (Defended: January 2026)

- **Committee Chair**, Ivabelle Vazquez-Ortega, “Racial and Ethnic Disparities in Hawai‘i’s Juvenile Justice System: A Longitudinal Analysis of Systemic Inequities and Policy Reform Impacts (2006–2023).” (Defended: June 2026)
- Committee Member, Mailani Chang, “Evaluation on Co-Parenting (COPA) Education Course for Separating and Divorcing Parents at Honolulu Psychology Collective (HPC).” (Defended: July 2026)

Doctoral Dissertations In Progress, PsyD Program, Hawai‘i Pacific University

- Committee Member, Sam Willis, “Natural Language Processing Driven Systematic Literature Review of Process-Based Cognitive Behavioral Therapy.” (In Progress/Expected Defense: 2026)
- Committee Member, Irina Kobzar, “The Impact of Child Sexual Abuse on Youth with Problematic Sexual Behaviors: A Scoping Review.” (In Progress/Expected Defense: 2026)
- **Committee Chair**, Lisa Johnson, “Exploring Trauma, Substance Use, and Systemic Challenges Among Houseless Transition Age Youth in Hawai‘i.” (In Progress/Expected Defense: 2027)
- **Committee Chair**, Amari Ephraim, “The Reaction and Management of Anger in Session from Therapists in Hawai‘i: A Qualitative Study.” (In Progress/Expected Defense: 2027)
- **Committee Chair**, Taylor Iwanaka, “The quality of life in childhood cancer survivors: A comparative study across remission stages (5 to 20+ years) in Hawai‘i.” (In Progress/Expected Defense: 2027)
- Committee Member, Jill Christensen, “The Impact of Social Media Detox on Adolescent Affect and Social Connection.” (In Progress/Expected Defense: 2027)
- Committee Member, Lilia Quinn, “Impact of substance use treatment on transitional aged youth in Hawai‘i.” (In Progress/Expected Defense: 2027)
- Committee Member, Mollie Valorose, “The Interaction of Depression and Executive Functioning Among Native Hawaiian and Other Pacific Islanders: A Systematic Literature Review.” (In Progress/Expected Defense: 2027)
- **Committee Chair**, Toriana Fogg, “Bulimia Nervosa in BIPOC Endurance Athletes: A Systematic Review of Psychological and Sociocultural Risk Factors.” (In Progress/Expected Defense: 2027)
- Committee Member, Amabel Rodriguez, “Perceived Parental Expectations and their Relationship to Imposter Syndrome and Trait Anxiety Among STEM Graduate Students in the U.S.: Examining Differences by Sex Assigned at Birth.” (In Progress/Expected Defense: 2027)
- **Committee Chair**, Patricia Maia, “Exploring Family-Based Treatment experiences in ARFID Recovery: A Qualitative Study of Caregiver Perspectives.” (In Progress/Expected Defense: 2028)

- **Committee Chair**, Nicholas Bailey, “Beyond Loss: Examining the Relationship between Family Members’ MAiD Experience and Trajectory of Prolonged Grief.” (In Progress/Expected Defense: 2028)

External Committee Service

- External Committee Member, Ava Anjom, “Living in translation: A reflexive thematic analysis of sociocultural adjustment and mental health among Iranian students in U.S. higher education,” Department of Educational Psychology, University of Utah. (In Progress/Expected Defense: 2027)

UNIVERSITY TEACHING EXPERIENCE

Assistant Professor, Hawaii Pacific University, Honolulu, HI

January 2024 - present

PSY 3440 - Psychology of Gender (Online/Asynchronous)
PSY 3925 - Undergraduate Research Seminar
PSY 6010 - Introduction to the Professional Practice of Psychology
PSY 6745 - Personality Assessment
PSY 7555 - Cognitive and Intellectual Assessment
PSY 7600 - Cognitive Approaches to Treatment
PSY 7605 - Biopsychosocial Understandings of Human Behavior
PSY 7820 - Evaluating Effective Treatments
PSY 8800 - Dissertation Preparation
PSY 8815 - Psychology as a Profession (Internship Preparation Course)

Co-Instructor, Counseling Program, University of Utah, Salt Lake City, UT

June 2019 – May 2021

EDPS 6360 – Multicultural Counseling (Spring 2021)
EDPS 6210 – Counseling Skills (Fall 2020)
EDPS 7350 – Group Counseling (Summer 2019)

Positive Psychology Teaching Assistant, University of Utah, Salt Lake City, UT

August 2019 – May 2021

EDPS 6061 – Change Using Positive Psychology (5 semesters)
EDPS 6062 – Coping with Difficult People (5 semesters)
EDPS 6065 – Quality Intimate Relationships (5 semesters)
EDPS 6069 – Changing Addictive Thinking (4 semesters)

Graduate Teaching Fellow, University of Utah, Salt Lake City, UT

August 2018 – May 2019

EDPS 3960/5960/6960 – Positive Psychology of Multiculturalism (2 semesters)

Adjunct Faculty, Salt Lake Community College, Salt Lake City, UT

May 2017 – May 2021

PSYCH 1010 – General Psychology (hybrid; 1 semester)
PSYCH 2010 – Psychology as a Science and Profession (2 semesters)
PSYCH 2300 – Abnormal Psychology (1 semester)
PSYCH 2500 – Social Psychology (online; 1 semester)

PSYCH 2500 – Social Psychology (1 semester)

Graduate Student Instructor, Dept. of Ed. Psychology, University of Utah

Aug. 2016 – Aug. 2017

EDPS 2600 – Strategies for College Success (2 semesters)

EDPS 2600 – Strategies for College Success, section for incoming student athletes (1 semester)

UNIVERSITY SERVICE

Faculty Shark Supporter, Women's Volleyball Teams, Hawai'i Pacific University *August 2025 - present*

- Serve as additional point of contact for student-athletes who may need academic or other support or advice.
- Collaborate with the Faculty Athletics Representative to strengthen relationships between faculty/staff and Athletic Department.
- Serve as a faculty resource to the coaching staff for recruits who visit campus

Co-Advisor, Gender Equity Movement Club, Hawai'i Pacific University *January 2024 - May 2025*

- Assisted students in understanding and adhering to administrative rules, event planning regulations, and procedures outlined by HPU's Office of Student Engagement
- Maintained open lines of communication and served as an additional contact or representative between the student organization and university administration.
- Empowered student officers to run their organization independently, fostering professional growth, goal setting, and successful officer transitions.
- Assisted in reviewing Activity Request Forms (ARFs) and attending meetings or campus events when feasible to ensure risk management guidelines are met

ASSOCIATION SERVICE

Member, Grant Reviewing Committee, American Psychological Foundation *Fall 2024*

- Completed initial review of 12 applications for the Cultivating Healing, Advocacy, Nonviolence, Growth, and Equity (CHANGE) Grant
- Evaluated grant application finalists and assisted in determining grant awardees

Factsheet Co-Author, APA Division 44 *December 2020 – August 2021*

- Co-authored Nonbinary Fact Sheet; released at 2021 APA convention
<https://www.apadivisions.org/division-44/resources/nonbinary-fact-sheet.pdf>

Scribe, Utah Chapter of Association for Women in Psychology *July 2019-May 2021*

- Took notes at each leadership meeting, and distributed meeting minutes to chapter listserv.

Special Task Group, Pipeline of TNB students in counseling psychology, Div 17 *Sept 2019 – Sept 2020*

- Presidential initiative to increase trans and nonbinary representation in counseling psychology
- Collaborated on webinars, informational videos, and curriculum development
- Spearheaded qualitative study with current TNB students in counseling psychology to learn about their experiences in and applying to counseling psychology programs.

Newsletter Contributor, APA Division 35, Section IV

August 2019

- *Identity and Well-being in Queer Iranian American Women.* Perspectives on Gender and Sexual Orientation, Quarterly Newsletter.

Co-Chair, Awards Committee, APA Div 45 (Culture, Ethnicity and Race)

March 2019 – January 2020

- Coordinated division nominations and award selections for APA annual convention
- Coordinated annual division practice and research grants

Student Representative, Co-Chair Community of Students, APA Div 44

August 2018 – August 2021

- Managed engagement opportunities for students (e.g., increasing undergraduate involvement in the division, collaborations with other committees and divisions, webinars, student ambassadors)
- Managed student Members-At-Large and Engagement Specialists
- Managed annual convention hospitality suite and selected travel award recipients

Member, Graduate Student Committee, APA Div 35, Section IV

January 2017-January 2019

- Planned and conducted Webinars on topics related to diverse gender and sexual identities
- Contributed to graduate student column of Division 35 newsletter and social media pages
- Planned annual networking event at the APA national convention for Section IV students
- Reviewed section award applications

Ad-hoc Reviewer, Various Peer-Reviewed Journals

2016-present

- Reviewer for Psychology of Sexual Orientation and Gender Diversity (2024)
- Reviewer for Journal of LGBT Youth (2023)
- Reviewer for Psychotherapy (2017)
- Reviewer for Journal of Counseling Psychology (2017)
- Reviewer for Journal of Psychotherapy Integration (2017)
- Reviewer for Training and Education in Professional Psychology (2016)

COMPLEMENTARY PROFESSIONAL SERVICE

Co-Chair, LGBTQ+ Committee, VA PIHCS

August 2021 – November 2023

- Co-led workgroup of 25+ people consisting of various providers and employees to make systems level change at the VA for LGBTQ+ care
- Spearheaded and facilitated event for VA PIHCS staff and Veterans for Transgender Day of Remembrance
- Additional projects included: creation of gender-neutral restroom signs within the facility, distribution of affirming posters and information, collaboration with Pharmacy for HIV care, collaboration with Alaska for increased community connection, distribution of trainings and education to staff, and engagement with LGBTQ+ Veterans and the community

Member, Internship Selection Committee, VA PIHCS

November 2021 – December 2021

- Reviewed applications for 2022-2023 cohort of psychology interns

Student Representative, Counseling Psychology Program, University of Utah

May 2017 – May 2019

- Attended faculty meetings to advocate for student causes
- Spearheaded program climate survey
- Facilitated peer mentor pairings for first year students

- Planned and organized semester socials for students and faculty

PAID CONSULTATION EXPERIENCE

Expert Panelist, QT-BIPOC Intersectional Resilience Scale Development May 2024

- Assisted in development of items for scale examining QT-BIPOC intersectional resilience
- Completed a survey assessing preliminary scale items for validity and feasibility

Anti-racism process paid consultant, Backman Elementary School January 2021 – May 2021

- Providing monthly anti-racism process groups for Black, Indigenous & People of Color staff members

AWARDS & HONORS

Distinguished Student Contribution Award 2020

APA Division 44: Psychological Study of Sexual Orientation and Gender Diversity

Student Engagement Award 2018

APA Division 44: Psychological Study of Sexual Orientation and Gender Diversity

Alumni Award 2017

Clinical Psychology Program | California Lutheran University

Honorable Mention – Emerging Leader 2017

Counseling Psychology Program | University of Utah

FELLOWSHIPS & SCHOLARSHIPS

Brian W. Campbell and Susan L. Morrow Scholarship for Research in LGB Studies 2020-2021

Department of Educational Psychology | University of Utah

University Teaching Fellowship 2018-2019

Awarded \$18,500 to develop and implement an undergraduate course
The Graduate School | University of Utah

Ted and Kay Packard Endowed Scholarship in Counseling Psychology 2017-2018

Counseling Psychology Program | University of Utah

APA-Accredited Postdoctoral Fellowship - LGBTQ+ Health Emphasis

LGBTQ+ Health Psychology Resident December 2022 – November 2023

VA Pacific Islands Healthcare System

- Provided LGBTQ+ affirmative psychotherapy to LGBTQ+ Veterans
- Provided evidence-based psychotherapy within VAPIHCS general mental health clinic

- Facilitated groups for LGBTQ+ Veterans including Pride in All Who Served, LGBTQ+ Wellness Group, and Transgender and Nonbinary Support Group
- Facilitated Hormone Replacement Therapy and Gender Affirming Care readiness assessments including writing letters of support as needed for access to gender affirming care
- Provided weekly trainings on being LGBTQ+ affirmative to all new employees at VAPIHCS
- Provided biweekly trainings on the importance of pronouns to all onboarding scheduling assistants
- Provided consultation on interdisciplinary LGBTQ+ affirmative care

APA-Accredited Pre-Doctoral Internship

Psychology Intern

July 2021 – June 2022

VA Pacific Islands Healthcare System

Rotations completed:

Health Promotion/Disease Prevention - Behavioral Medicine Rotation

- Completed National Center for Health Promotion & Disease Prevention Motivational Interviewing training series
- Co-facilitated monthly LGBTQ+ Wellness Groups (Gender Identity, Sexual Identity, Healthy Relationships) with LGBTQ+ postdoctoral resident and medical residents
- Co-facilitated Telepride, LGBTQ+ Health Education group with LGBTQ+ postdoctoral resident
- Completed one Hormone Replacement Therapy Readiness Assessment
- Provided long-term LGBTQ+ Affirmative Psychotherapy
- Co-facilitated monthly sleep health promotion class with mental health pharmacist
- Provided individual Cognitive Behavioral Therapy for Insomnia
- Provided individual and group tobacco cessation protocol with tobacco cessation pharmacist
- Co-facilitated MOVE! weight management group with registered dietician

Critical Care Rotation (Inpatient and Partial Hospitalization Program)

- Provided group and individual psychotherapy from a recovery-oriented approach using ACT, Wellness Recovery Action Plan (WRAP), Self-compassion, DBT skills and Whole Health
- Served as co-case manager for two partial hospitalization cases from intake to discharge
- Provided consultation on LGBTQ+ affirmative interventions and treatment planning
- Engaged in collaborative treatment and discharge planning with a multidisciplinary team to promote Veteran care during transition to outpatient services
- Provided two-part training on Motivational Interviewing to Day Hospital interdisciplinary staff
- Presenting concerns served: Psychosis, mood disorders, borderline personality disorder, substance use, suicide attempt

Primary Care/Mental Health Integration (January 2022 – June 2022)

- **Completed Primary Care/Mental Health Integration training; eligible for provider status upon licensure**
- Responded to warm hand-offs and follow up care from primary care
- Provided brief assessment and treatment planning
- Provided short term individual and group psychotherapy, including CBT

Traumatic Stress Recovery Program (January 2022 – June 2022)

- **Completed Cognitive Processing Therapy training; eligible for provider status upon licensure**
- Provided individual CPT and PE to diverse population of Veterans with PTSD and co-occurring conditions in an outpatient setting
- Completed comprehensive biopsychosocial intakes
- Administered the Clinician Administered PTSD Scale for DSM-5 (CAPS-5)
- Coordinated care with interprofessional treatment team

CLINICAL TRAINING (Practica)

Practicum Therapist

George E. Wahlen Department of Veterans Affairs Medical Center

June 2019 – May 2021

Salt Lake City, Utah

PTSD Clinic

Supervisor: Dr. Kelsey South (through 11/2019), Dr. Jason Goodson (12/2019-April 2021)

- Completed one PTSD psychodiagnostic assessment and report weekly (through March 2020)
- Provided Prolonged Exposure therapy to veterans with PTSD (February 2020-March 2020; October 2020-April 2021)

Practicum Therapist

University of Utah Department of Athletics

August 2018 – May 2020

Salt Lake City, Utah

Supervisor: Dr. Jonathan Ravarino (Fall 2018), Dr. Uma P. Dorn (Spring 2019-Spring 2020)

- Provided individual therapy to student athletes, including interpersonal therapy, and ACT
- Co-facilitated coping skills group, grief group, healthy relationships class and sport injury recovery workshops
- Provided sports performance both in individual and team/group meetings
- Provided outreach to campus athletics teams, and as needed crisis coverage and intervention
- Collaborated with physicians, psychiatrists, athletic trainers and nutritionists to coordinate care
- Oversaw the wellness ambassador program (student-athletes interested in health and wellness).

Trainee Supervisor

University of Utah Counseling and Counseling Psychology Program

August 2018 – December 2018

Salt Lake City, Utah

Supervisor: Dr. Lauren Weitzman

- Provided individual supervision to trainee therapist in clinical mental health counseling program

Practicum Therapist

University Neuropsychiatric Center

June 2018 – June 2019

Salt Lake City, Utah

Supervisor: Dr. C.J. Powers

- Co-facilitated social skills group in partial hospitalization program for children, DBT skills group for inpatient adolescents and CBT for substance use group for inpatient adults

Practicum Therapist

Women's Resource Center, University of Utah

August 2017 – May 2019

Salt Lake City, Utah

Supervisor: Dr. Donna Hawxhurst (2017-2018), Dr. Kristy K. Bartley (2018-2019)

- Co-facilitated weekly lesbian, bisexual, queer and questioning support group (2017-2018)
- Co-facilitated weekly women of color support group (2018-2019)

Practicum Therapist

August 2017 – April 2018

University of Utah Counseling Center

Salt Lake City, Utah

Supervisor: Dr. Lauren Weitzman (Fall 2017), Dr. Glade Ellingson (Spring 2018)

- Provided individual interpersonal psychotherapy to University of Utah students
- Completed weekly intake sessions with new UCC clients

Practicum Therapist and Assessment Trainee

January 2017 – December 2018

Educational Assessment and Student Support Clinic (Department clinic)

Salt Lake City, Utah

Supervisor: Dr. Uma P. Dorn

- Provided individual interpersonal psychotherapy to University students and low-income community members
- Completed psychodiagnostic and neuropsychological testing with clients of various backgrounds

PROGRAM DEVELOPMENT

Co-founder and member of leadership committee, Rupture and Repair Initiative April 2018 – May 2020

- Collaborated with students across counseling psychology, clinical mental health counseling and school counseling programs to initiate student-led monthly cultural dialogues
- Developed three prong programming: rupture and repair, rest and relaxation and revise and resubmit to engage students in cultural dialogues across domains of process, leisure and research applications

University of Utah Department of Athletics

August 2019 – May 2020

- Developed curriculum for healthy relationships workshop, now provided to all sports teams at the start of each academic school year
- Developed curriculum for sports injury recovery workshop, now provided as a two-part series for all athletes recovering from season or career ending injuries
- Developed the wellness ambassador program's diversity dialogue series

University of Utah, Department of Educational Psychology Diversity Committee

February 2017

- Developed curriculum for allyship workshop ("Allyship as a verb") and facilitated it for student and faculty members of the Diversity Committee

PROGRAM EVALUATION

Evidence-based quality improvement project, VA PIHCS

August 2021 – July 2022

- Proposed EBQI project: Veterans' needs assessment and program evaluation for VAPIHCS LGBTQ+ Wellness Program

- Projected project outcome: update to LGBTQ+ Wellness programming and implementation of new LGBTQ+ wellness group

Clinical Research Assistant, MenHealing, Salt Lake City, UT.

July 2019 – August 2021

- Facilitated focus groups with male survivors of sexual assault after attending a weekend of recovery focused on outcome assessment and program evaluation
- Provided feedback to program facilitators from focus groups

COMPLIMENTARY CLINICAL AND PROFESSIONAL EXPERIENCE

Graduate Assistant, McNair Scholars Program, Westminster College

June 2020 – August 2020

- Facilitated workshops on applying to graduate programs, academic perfectionism, writing literature reviews, graduate assistantships and managing finances, and disarming microaggressions
- Provided 1:1 consultation to McNair scholars as they designed and implemented an independent research project

Graduate Assistant, Director of Clinical Training, University of Utah

August 2017 – May 2018

- Developed alumni database for the University of Utah counseling psychology program accreditation standards and requirements aligned with the council of accreditation standards
- Compiled data from IR C-20 Tables for APA-accreditation of University of Utah counseling psychology program
- Assisted with completion of the annual accreditation report

Consultant, Intensive Lifestyle Program (ILP), L. S. Skaggs Patient Wellness Center Sept 2019 – May 2020

- Facilitated classes on ACT and positive psychology as part of a weight management program

Clinical Site Supervisor, Optimum Performance Institute (OPI)

March 2015 – June 2016

- Provided supervision to residential counselors and crisis management

Lead Researcher, Department of Staff Development and Research, OPI

October 2014 – March 2015

- Developed procedure for outcomes data collection and analysis
- Administered Clinical Outcomes in Routine Evaluation Outcome Measure (CORE-OM) to residents monthly to track changes in the domains of well-being, symptom endorsement, functioning and risk

Residential Counselor – Independent Living Specialist, OPI

February 2014 – March 2015

- Provided direct care to assist participants with basic living and social skills

PROFESSIONAL TRAINING and DEVELOPMENT (SELECT)

Cognitive Processing Therapy (2021). 16-hour training provided by Dr. Shiloh Jordan, including 6 months of consultation and successful completion of at least 2 CPT cases. Eligible for CPT provider status upon licensure.

Trans Affirmative Psychotherapy (2021). Eight-hour training provided by Dr. Stephanie Budge, and Sergio Dominguez Jr. University of Utah Counseling and Counseling Psychology Programs.

PROFESSIONAL MEMBERSHIPS

American Psychological Association (2016-present)

Division Member: Counseling Psychology (17); Psychology of Women (35; Section 4 – LBT Issues);
Psychological Student of Sexual and Gender Diversity (44); Psychological Study of Culture, Ethnicity
and Race (45)

American Arab, Middle Eastern, and North African Psychological Association (2017 – present)

Association for Women in Psychology (2016 –2021)

Utah Psychological Association (2018 – 2021)

National Association for Multicultural Education (2016 – 2018)

Association for Psychological Science (2015-2016)

Western Psychological Association (2013-2015)